

Causes of Hair Loss

Contributed by admin
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It is very common for most human being to find themselves dealing with hair loss. This is the most known type of hair loss. Men deal with this problem more than women because of their sensitivity to male sex hormones in certain parts of their scalp. This may be passed down from generation to generation. Even not only lots of adults but also teens are also facing this same hair loss. In fact there are many different reasons for hair fall. But you should not be worry about your hair fall. There are some of these reasons which can be controllable.

The most promising cause of hair loss in case of young people start is usually due to a sickness or not proper diet. Sometimes the treatment like chemotherapy for cancer can cause hair loss, which focuses some medical conditions are also affected to the hair loss. Even certain hair style for a certain length of time also causes to hair loss and in lot of young people which they do not know. So losing hair will be stressful for all. Even some get depressed to this stressful condition to their hair fall. That is why you have to find out everything and exact causes of your hair loss so that you can ready for your treatment and also you can take care of your hair properly. Even you can start to grow back to your hair if you find out what is causing the problem to your hair. The protein like keratin helps the hair to growth. The hair is made up of the shaft, the root and the follicle from which the hair grows. Every day most of the people losing fifty to one hundred strands and the hair are made up of the shaft, the root and the follicle from which the hair grows. This kind of hair loss is normal and you should not be worry about that as these losing hairs will be replaced by new hair. But extreme hair loss will cause baldness on your head. It is necessary to talk with your physician if you are dealing with unusual hair loss. Due to lack of a vitamin or using the wrong shampoo, there is a chance of this type of hair loss. You may need appropriate treatment for that condition. So doctor can be able find out the cause by following an appropriate test for hair loss and also will advise what to or what not. You may find that it will take some time before you start to see replacement hair start to grow after a good treatment for your hair loss. That is why it is advisable to be strict with your good diet for your healthy body as well as for your hair. More often you should try to avoid stressful situations and follow the recommended treatments for your beautiful hair once again. {mosgoogle left}